

AM I ON TRACK?

Male Spiritual Leadership: The Two Sides of Being a Christian

1. Believing
2. Behaving

"The way we _____ must show the world what we _____. Thus, we need to **WATCH** our lives!" – Rebecca Jaichandran – Christian Living

W.A.T.C.H.

- W – your Words
- A – your Attitudes & Actions
- T – your Thoughts
- C – your Character
- H – your Hearts

Words: What kind of words do we speak? Ephesians 4:29

Do our words _____ people up, or cause them to _____?

Attitudes and Actions:

Philippians 2:5 & Ephesians 4:31-5:2 - What kind of attitudes should we have and show others?

Be kind, _____, _____, NOT _____, NOT _____, honest, serving, and _____.

Thoughts: How is your mind control?

Proverbs 27:3 – "For as a he thinks in his heart, so *is* he."

- Though we can hide our _____ from others, we cannot hide them from _____.
- We need to watch our thoughts because they determine our _____.
- Every thought that sinks into our minds leaves a "mark" and contributes to our _____.
- Whatever you think about most often, strongly directs how you _____, what you _____, and how you _____ others thus reflecting on your TRUE character.

- So, how should we think? Philippians 4:8
We should think on what is:
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Character: What is “*character*”?

- “To put it simple, *character* is what you _____ in the _____. Its what we do when no one is _____.”
- An excellent test of *character* is the way a person reacts under the pressure of a _____.
- The kinds of _____ and _____ you keep will determine your *character*.” 1 Corinthians 15:33

Heart – Why the heart?

- The heart is the seat of all _____.
- What you _____ in your heart is what you are.
Luke 6:45, Proverbs 27:19, Luke 12:34
- What do you “treasure” most?
- What does your heart most often “_____” to you?

(W.A.T.C.H. adapted from “*The challenge of Christian living in today’s world*”, Christian Living, Ms. Rebecca Jaichandran, March 2007. Ms. Rebecca Jaichandran is a faculty at Southern Asia Bible College, Bangalore)

Self-reflection - My TWO sides: Does the way I behave reflect what I believe? How can I improve?

Is MY “Behaving” congruent with my “Believing”?

Words; Attitudes and Actions; Thoughts; Character; Heart (W.A.T.C.H)

Matthew 5:16 - “Let your light shine before others, that they may see your good deeds and glorify your Father in Heaven.”

“Am I on Track?”